

2 Days Walking Events

The senior walking competition will be fashioned to operate just as if it was a typical track and field meet, but without the running, for age groups (50's — 60's — 70's — 80's up).

Day - 1

St. Educational Complex Track / Field
(subject to change)

Register: 7:30am Races: 8am-until
(12pm-1pm) Est. time: 5-6hrs.

Day - 2

Long Distant Trail Trek - This on-road and off-road trek will test the senior's ability to walk up and down hills.

North-Side

Cane Bay (the loop: beach — west up the Bitch - east down the Beast - east to the Beach)

Register: 7:30 am Races: 8am (12pm-1pm)
Est. time: 5-6hrs.
(shuttle service will be provided, to and from Cane Bay- location TBA)

Medals - Trophies - Gifts - Prizes

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Donations and Sponsorships

The St.Croix Hiking Association will be supporting, adapting the Adventure Trail, across from the Dept. of Agriculture, to be accessible for those with disabilities. The VI Pace Runners have another trail they will adopt.

For info.:

The VI Pacers Runners

Wallace Williams, President

The Virgin Islands Pace Runners
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St. Croix Hiking Association

Cathy Prince, President

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2018

The Seniors' Walking Games

Hosted by:

St.Croix Hiking Association - VI Pace Runners



Thanksgiving Weekend

Saturday - Nov. 24 & Sunday - Nov. 25 2018

"The Elders Didn't Walk for an Exercise, Walking for Them was Their Way of Life"

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