

## "A First Of Its Kind"

## The Seniors' Walking Games

Draft







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Hosted by:

St.Croix Hiking Association - VI Pace Runners

**Thanksgiving Weekend** 

Saturday - Nov. 24 & Sunday - Nov. 25 2018

## 2 Days Walking Events

The senior walking competition will be fashioned to operate just as if it was a typical track and field meet, but without the running, for age groups (50's - 60's - 70's - 80's up).

**Day - 1** 

St. Educational Complex Track / Field (subject to change)

Register: 7:30am Races: 8am-until (12pm-1pm)

Est. time: 5-6hrs.

**Day - 2** 

Long Distant Trail Trek - This on-road and off-road trek will test the senior's ability to walk up and down hills.

**North-Side** 

Cane Bay (the loop: beach — west up the Bitch - east down the Beast - east back to Cane Bay Beach)

Register: 7:30 am Races: 8am — until (12pm-1pm) Est. time: 5-6hrs.

Medals - Trophies - Gifts - Prizes - Fun

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